



Club Rules

- Gymnasts must wear correct gym attire – no buttons/zips or hoodies
- Long hair must be tied back
- No jewellery (except for stud earrings)
- Coaches and volunteers are always to be treated with respect
- The gym and waiting areas must always be kept tidy
- Gymnasts must not leave their class unless permission has been given from their coach
- Gymnastics equipment must not be used without supervision by a qualified coach
- Gymnasts must sign in and wait for their class in the designated gymnast waiting area
- Parents are to pick their gymnast up from sign in area after each class
- Strictly no photos or videos to be taken during classes
- Participants must turn off their mobile phones during classes
- No smoking, no pets, no alcohol
- “Drop and Go” must occur in the designated driveway area